

# January 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>.Class Descriptions are on the back of the Spinning schedule</i>	<i>E-Endurance ExS-Express Spin I-Interval S-Strength</i>			<b>1</b> <i>Happy New Year!</i> <b>9:30AM-Andrea-</b>	<b>2</b> <b>9:00AM-Sue H-VT</b>	<b>3</b> <b>9:30AM-Andrea-VT</b>
<b>4</b>	<b>5</b> <b>9:00AM—Sue S-VT</b>  <b>5:45-6:30PM-</b>	<b>6</b> <b>5:45PM-Andrea-I</b>	<b>7</b> <b>9:00AM-Sue S-S</b>	<b>8</b>	<b>9</b> <b>9:00AM-Sue H-VT</b>	<b>10</b> <b>9:30AM-Andrea-VT</b>
<b>11</b>	<b>12</b> <b>9:00AM—Sue S-VT</b>  <b>5:45-6:30PM-Andrea-ExS</b>	<b>13</b> <b>5:45PM-Andrea-I</b>	<b>14</b> <b>9:00AM-Sue S-S</b>	<b>15</b>	<b>16</b> <b>9:00AM-Sue H-VT</b>	<b>17</b> <b>9:30AM-Andrea-VT</b>
<b>18</b>	<b>19</b> <b>9:00AM-Sue S-VT</b>  <b>5:45-6:30PM-</b>	<b>20</b> <b>5:45PM-Andrea-I</b>	<b>21</b> <b>9:00AM-Sue S-S</b>	<b>22</b>	<b>23</b> <b>9:00AM-Sue H-VT</b>	<b>24</b> <b>9:30AM-Andrea-VT</b>
<b>25</b>	<b>26</b> <b>9:00AM-Sue S-VT</b>  <b>5:45-6:30PM-Andrea-ExS</b>	<b>27</b> <b>5:45PM-Andrea-I</b>	<b>28</b> <b>9:00AM-Sue S-S</b>	<b>29</b>	<b>30</b> <b>9:00AM-Sue H-VT</b>	<b>31</b> <b>9:30AM-Andrea-VT</b>

Sign up on the Summit app 24 hours in advance!